Roller skating waiver

Participation in roller skating

I voluntarily choose to participate, or give permission for the skater named in this form to participate, in roller skating activities provided or organised by **[Roller Rink Name]**.

Roller skating activities may include:

- Skating on quad skates or inline skates during public sessions
- Family sessions, adult nights, themed and disco sessions
- Lessons, skating classes, roller dance and club sessions
- Games, races, reverse-skate sessions and couples skates
- Birthday parties, school trips and private hire
- Using skating aids where the rink provides them

I understand that participation is voluntary and that the skater may leave the floor at any time.

The rink may refuse, restrict or end participation if it reasonably believes that a skater cannot skate safely, has failed to follow instructions or presents a risk to themselves or others.

Session tickets, party bookings and deposits remain subject to the rink's cancellation and refund policies.

Skater eligibility

I confirm that the skater meets the rink's minimum age and participation requirements for the chosen session.

Where I sign for a minor or another person who cannot legally provide their own consent, I confirm that I am their parent, legal guardian or otherwise legally authorised to provide consent on their behalf.

I confirm that the skater is physically and mentally capable of skating on a shared floor, except for any condition or limitation disclosed to the rink before participation.

I understand that a first-time or young skater may need to stay close to the wall, use a skating aid or skate with a responsible adult.

Roller skating risks

I understand that roller skating involves moving on wheels across a hard floor with other skaters of different ages and abilities, and that falls are a normal part of the activity.

Possible risks include:

- Falls onto a hard floor
- Wrist and forearm fractures from landing on outstretched hands
- Tailbone, hip and pelvis injuries
- Knee, elbow and ankle injuries, sprains and dislocations
- Head injuries and concussion
- Collisions with other skaters, walls, barriers or skating aids
- Being run over or having fingers trapped by another skater’s wheels
- Muscle soreness and strains
- Disorientation from low light, flashing lights and loud music
- Equipment failure, including loose wheels, worn stoppers and failed fastenings
- Serious injury, permanent disability or, in rare cases, death

I understand that the rink cannot eliminate every risk associated with roller skating.

I voluntarily accept the ordinary and inherent risks of participation.

Rental skates, sizing and own skates

I understand that skates are a key part of keeping control, and that poorly fitted or poorly fastened skates increase the risk of falling.

I agree to:

- Give an accurate shoe size and ask for a different size if the skates feel loose or painful
- Fasten laces, buckles and straps fully before stepping onto the floor
- Wear socks with rental skates
- Check wheels, stoppers and fastenings before skating
- Return to the skate hire desk and stop using any skate with a loose wheel, a worn stopper or a damaged fastening
- Return rental skates at the end of the session

If I use my own skates, I am responsible for their condition and I understand that the rink may refuse skates that could damage the floor or are not safe to use.

Helmets, wrist guards and knee pads are recommended, particularly for children and beginners, and may be compulsory in some sessions. If the rink does not provide them, I am responsible for bringing my own.

I may be charged for rental skates that are lost or damaged through misuse.

Floor rules, direction and speed

I agree to follow all floor rules, announcements and instructions from floor marshals and staff.

I agree to:

- Skate in the direction announced for the session
- Keep to a speed that suits the floor and the people around me
- Enter and leave the floor only at the marked openings, after checking for skaters
- Move to the side or leave the floor if I need to stop or fix a skate
- Get up quickly after a fall if I can, or stay put and signal for help if I am hurt
- Leave the floor immediately when a session changes or when staff tell me to

I agree not to:

- Race, weave, cut across other skaters or skate against the flow
- Form chains or whips, or pull or push other skaters
- Carry a child, a bag or a drink while skating
- Use a phone or take photographs while moving on the floor
- Sit on barriers, or stand in entrances and exits

The rink may remove any skater who ignores safety rules or behaves recklessly, violently or disruptively. A serious breach may result in removal without a refund.

Reverse-skate and special sessions

I understand that the rink may reverse the skating direction during a session, usually after an announcement, and that this can catch skaters out.

I will follow the announcement straight away or leave the floor if I am not comfortable skating in the new direction.

Games, speed sessions, adult nights and themed sessions may have their own rules, age limits and skill requirements. I will take part only if I am able to skate safely in that session.

Low lighting, disco lights, smoke effects and loud music may be used during sessions. These can make it harder to see other skaters and may affect people with photosensitivity or sensory sensitivities.

Floor conditions and the rink environment

I understand that a rink floor can become slippery from moisture, spilled drinks, condensation or dirt, and that a wheel can stop suddenly on small objects.

I agree to keep food and drinks off the floor and to tell staff immediately about any spill, wet patch, damage or object on the floor.

I understand that spectators and anyone not wearing skates must stay off the floor unless staff allow them on.

Skates can be harder to control on carpet, ramps and steps around the rink. I will take care off the floor and use handrails where provided.

Where outdoor skating is offered, surfaces can also be affected by rain, dew, debris and poor light, and sessions may stop without notice.

Children and groups

Children must be supervised by a responsible adult unless they are taking part in a staff-led lesson or an organised party with the required adult supervision.

Floor marshals keep the session moving and watch for safety problems, but they are not childminders.

Where I am booking a party or group, I will share the rules with the group and make sure that everyone has a signed waiver before skating.

Physical condition and health

I agree to inform the rink about any condition that may affect safe participation, including:

- A current injury or physical limitation
- A recent broken bone, sprain or dislocation
- Wrist, knee, ankle, hip or back problems
- Osteoporosis or low bone density
- A recent concussion or head injury
- Heart, circulation or blood-pressure conditions
- Asthma or a breathing condition
- Epilepsy, seizures, photosensitivity or fainting
- Limited vision, hearing or balance difficulties
- Recent surgery or medical treatment
- Pregnancy or possible pregnancy
- Medication that thins the blood or affects coordination, judgment or alertness

- A restriction recommended by a healthcare professional

I understand that staff are not medical professionals unless expressly stated otherwise.

I will stop and inform a staff member if I experience pain, dizziness, breathing difficulty, unusual weakness or another concerning symptom.

Alcohol, drugs and impairment

I will not participate while impaired by:

- Alcohol
- Recreational or illegal drugs
- Medication that affects judgment, coordination or alertness
- Fatigue, illness or another condition that makes participation unsafe

I understand that the rink may refuse or end participation if it reasonably believes that a skater is impaired.

Skating while impaired puts other skaters at risk as well as the person concerned. The rink may stop anyone from skating, even after they have paid for a session, if it reasonably believes that they are impaired. Any alcohol served at an adult session does not change this rule.

Personal belongings

I understand that clothing and personal belongings may become dirty, wet, damaged, lost or stolen.

I am responsible for protecting phones, jewellery, glasses, clothing and other personal property.

To the fullest extent permitted by applicable law, the rink is not responsible for ordinary loss or damage to personal belongings unless caused by liability that cannot legally be excluded.

Emergency assistance

If the skater becomes ill or injured, I authorise the rink and its staff to:

- Provide reasonable first aid
- Stop the skater from continuing
- Contact an emergency contact
- Contact emergency medical services
- Arrange transportation to an appropriate healthcare facility

- Share relevant information with emergency responders
- Take reasonable action to protect the skater's immediate safety

I understand that the rink cannot guarantee that an emergency contact will be reached before assistance is provided.

I accept responsibility for medical, ambulance and treatment expenses unless applicable law or legally established liability requires otherwise.

Assumption of risk

I knowingly and voluntarily accept the ordinary and inherent risks associated with roller skating.

I accept responsibility for injuries, losses or complications caused or materially contributed to by:

- Relevant information I concealed or provided inaccurately
- A health condition or limitation I failed to disclose
- My failure to follow floor rules or staff instructions
- Skates that I knew were poorly fitted, unfastened or damaged
- My excessive speed or skating against the flow
- My reckless, unlawful or prohibited conduct
- My participation while impaired or medically unfit

Liability release

To the fullest extent permitted by applicable law, I release **[Roller Rink Name]** and its owners, directors, floor marshals, skate hire staff, coaches, party hosts, employees, contractors and representatives from claims arising solely from:

- Ordinary and inherent roller skating risks knowingly accepted in this form
- Relevant information I concealed or provided inaccurately
- My failure to follow reasonable safety rules or instructions
- Use of my own unsafe skates, or continued use of skates I knew were damaged
- My reckless, unlawful or prohibited conduct
- The conduct of another skater where it was outside the rink's reasonable control

This release does not exclude or limit liability that cannot legally be excluded or limited.

It does not apply to fraud, intentional misconduct, gross negligence, reckless conduct, breaches of mandatory safeguarding duties, violations of mandatory consumer rights or any other liability that applicable law prohibits the rink from waiving.

Privacy and recordkeeping

I understand that the rink may collect and retain information where reasonably necessary to:

- Register and identify skaters
- Confirm consent and eligibility
- Manage bookings and activities
- Understand relevant health or support needs
- Maintain safety and incident records
- Respond to injuries, complaints or legal claims
- Meet insurance, safeguarding and legal obligations

Information will be handled according to the rink’s privacy notice and applicable data-protection laws.

Final declaration

By completing and signing this form, I confirm that:

- I have read and understood the entire waiver.
- The information provided is complete and accurate.
- I understand that roller skating may cause serious injury.
- I understand and accept the ordinary and inherent risks.
- I will wear properly fitted, fastened skates and report any faults.
- I will skate in the announced direction, control my speed and follow floor rules.
- I will tell staff about any moisture, spill or damage on the floor.
- I will not participate while impaired or medically unfit.
- I authorise reasonable emergency assistance where necessary.
- I had an opportunity to ask questions before signing.
- Participation is voluntary.
- I understand that this form does not remove rights or protections that cannot legally be waived.

Skater completion

Contact details

First name *

Last name *

Phone

Email *

Skater’s full name *

Which skates will the skater use? *

- [ ] Rental quad skates
- [ ] Rental inline skates
- [ ] My own quad skates
- [ ] My own inline skates

- [ ] I have read, understood and agree to the Roller Skating Liability Waiver and Assumption of Risk above. I confirm that the information provided is accurate, that I am authorised to sign for the skater where applicable and that I voluntarily accept the risks of roller skating. *

Signature *