

Paintball waiver

Participation in paintball activities

I voluntarily choose to participate, or give permission for the participant named in this form to participate, in paintball activities provided or organised by **[Paintball Facility or Organisation Name]**.

Paintball activities may include:

- Recreational games and organised matches
- Team challenges and competitive play
- Safety briefings and equipment demonstrations
- Movement through indoor or outdoor playing areas
- Use of paintball markers, masks, protective equipment and other supplied gear
- Participation in scenarios involving obstacles, structures and uneven terrain

I understand that participation is voluntary. The participant may stop taking part at any time.

The facility may refuse, restrict or end participation if it reasonably believes that a participant is unable to participate safely, has failed to follow instructions or presents a risk to themselves or others.

Fees, bookings and deposits remain subject to the facility's cancellation and refund policies.

Participant eligibility

I confirm that the participant meets the applicable age and participation requirements.

Where I sign for a minor or another person who cannot legally provide their own consent, I confirm that I am their parent, legal guardian or otherwise legally authorised to provide consent on their behalf.

I confirm that the participant is physically and mentally capable of participating safely, except for any condition or limitation disclosed to the facility before participation.

The facility may request additional information or refuse participation where there are reasonable health or safety concerns.

Paintball risks

I understand that paintball is a physical activity involving projectiles, running, sudden movement, obstacles and interaction with other participants.

Paintballs may travel at high speed and may cause injury even when safety rules and protective equipment are used correctly.

Possible risks include:

- Being struck by paintballs
- Bruising, welts, cuts and abrasions
- Eye, face, ear or dental injuries
- Slips, trips and falls
- Collisions with participants, obstacles or structures
- Sprains, strains, fractures or dislocations
- Head, neck or back injuries
- Muscle soreness and physical fatigue
- Exposure to heat, cold, rain, mud or changing weather
- Dehydration or heat-related illness
- Allergic reactions or skin irritation
- Equipment failure or misuse
- Serious injury, permanent disability or, in rare cases, death

I understand that the facility cannot eliminate every risk associated with paintball.

I voluntarily accept the ordinary and inherent risks of participation.

Protective equipment

I agree to wear all protective equipment required by the facility.

This may include:

- An approved paintball mask
- Eye and face protection
- Protective clothing
- Gloves
- Chest, neck or body protection
- Appropriate footwear

I understand that masks and eye protection must remain properly fitted and in place whenever I am inside an active playing or shooting area.

I will not intentionally remove, lift or adjust my mask in an active area.

I understand that failing to wear protective equipment correctly may result in serious injury.

Protective equipment may reduce certain risks but cannot prevent every injury.

Paintball markers and equipment

I agree to use paintball markers, air systems and other equipment only as instructed.

I will not:

- Point or fire a marker at anyone outside an authorised playing area
- Fire at a person who is not wearing appropriate protection
- Fire at staff, spectators or animals
- Shoot at prohibited targets
- Tamper with equipment, velocity settings or safety devices
- Use unauthorised paintballs, markers or equipment
- Remove barrel-blocking devices except when instructed
- Continue using equipment that appears damaged or unsafe

I will immediately report damaged, malfunctioning or unsafe equipment to a staff member.

Where I use my own equipment, I accept responsibility for ensuring that it complies with the facility's rules and is suitable for safe use.

Safety rules

I agree to attend and follow the facility's safety briefing.

I will follow all instructions from referees, marshals, instructors and staff.

I agree to:

- Remain within authorised playing areas
- Follow game boundaries and rules
- Stop firing immediately when instructed
- Obey all ceasefire and game-stop commands
- Keep required safety devices fitted outside active play
- Maintain a safe distance when required
- Avoid deliberately aiming at prohibited body areas
- Avoid physical fighting, threatening behaviour or intentional unsafe contact

- Report injuries and hazards immediately
- Treat staff and other participants respectfully

The facility may remove any participant who ignores safety rules or behaves recklessly, violently or disruptively.

Physical condition and health

I agree to inform the facility about any condition that may affect safe participation, including:

- A current injury or physical limitation
- Heart, circulation or blood-pressure conditions
- Asthma or another breathing condition
- Epilepsy, seizures, fainting or loss of consciousness
- Allergies or previous serious allergic reactions
- Recent surgery or medical treatment
- Pregnancy or possible pregnancy
- Medication that may affect coordination, judgment or alertness
- A restriction recommended by a healthcare professional

I understand that staff are not medical professionals unless expressly stated otherwise.

I will stop participating and inform a staff member if I experience pain, dizziness, breathing difficulty, unusual weakness or another concerning symptom.

Alcohol, drugs and impairment

I will not participate while impaired by:

- Alcohol
- Recreational or illegal drugs
- Medication that affects judgment, coordination or alertness
- Fatigue, illness or another condition that makes participation unsafe

I understand that the facility may refuse or end participation if it reasonably believes that a participant is impaired.

Playing environment

I understand that paintball may take place on uneven, slippery, muddy or obstructed terrain.

Playing areas may contain:

- Natural ground and vegetation
- Walls, barriers and artificial structures
- Steps, slopes and uneven surfaces
- Low visibility or confined spaces
- Wet, muddy or slippery areas
- Hidden or changing hazards

I agree to move at a speed appropriate to the terrain and conditions.

I will not enter closed, restricted or unsafe areas.

Participant conduct

I accept responsibility for my conduct during participation.

I agree not to:

- Intentionally injure another participant
- Continue firing after a game has stopped
- Fire excessively at close range
- Engage in physical fighting or abusive behaviour
- Damage the facility, equipment or playing area
- Ignore instructions from authorised staff
- Participate in a reckless or unlawful manner

I understand that a serious breach of the rules may result in immediate removal without a refund.

Personal belongings

I understand that clothing and personal belongings may become dirty, stained, wet, damaged, lost or stolen.

I am responsible for protecting phones, jewellery, glasses, clothing and other personal property.

To the fullest extent permitted by applicable law, the facility is not responsible for ordinary loss or damage to personal belongings unless caused by liability that cannot legally be excluded.

Emergency assistance

If the participant becomes ill or injured, I authorise the facility and its staff to:

- Provide reasonable first aid
- Stop the participant from continuing
- Contact an emergency contact
- Contact emergency medical services
- Arrange transportation to an appropriate healthcare facility
- Share relevant information with emergency responders
- Take reasonable action to protect the participant's immediate safety

I understand that the facility cannot guarantee that an emergency contact will be reached before assistance is provided.

I accept responsibility for medical, ambulance and treatment expenses unless applicable law or legally established liability requires otherwise.

Assumption of risk

I knowingly and voluntarily accept the ordinary and inherent risks associated with paintball.

I accept responsibility for injuries, losses or complications caused or materially contributed to by:

- Relevant information I concealed or provided inaccurately
 - A health condition or limitation I failed to disclose
 - My failure to follow safety rules or staff instructions
 - My incorrect or unauthorised use of equipment
 - My removal or misuse of protective equipment
 - My reckless, unlawful or prohibited conduct
 - My participation while impaired or medically unfit
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Liability release

To the fullest extent permitted by applicable law, I release **[Paintball Facility or Organisation Name]** and its owners, directors, employees, referees, instructors, volunteers, contractors and representatives from claims arising solely from:

- Ordinary and inherent paintball risks knowingly accepted in this form
- Relevant information I concealed or provided inaccurately

- My failure to follow reasonable safety rules or instructions
- Incorrect or unauthorised use of equipment
- My reckless, unlawful or prohibited conduct
- The conduct of another participant where it was outside the organisation's reasonable control
- Weather, terrain and other events outside the organisation's reasonable control

This release does not exclude or limit liability that cannot legally be excluded or limited.

It does not apply to fraud, intentional misconduct, gross negligence, reckless conduct, breaches of mandatory safeguarding duties, violations of mandatory consumer rights or any other liability that applicable law prohibits the organisation from waiving.

Privacy and recordkeeping

I understand that the facility may collect and retain information where reasonably necessary to:

- Register and identify participants
- Confirm consent and eligibility
- Manage bookings and activities
- Understand relevant health or support needs
- Maintain safety and incident records
- Respond to injuries, complaints or legal claims
- Meet insurance, safeguarding and legal obligations

Information will be handled according to the organisation's privacy notice and applicable data-protection laws.

Final declaration

By completing and signing this form, I confirm that:

- I have read and understood the entire waiver.
- The information provided is complete and accurate.
- I understand that paintball may cause serious injury.
- I understand and accept the ordinary and inherent risks.
- I agree to follow all safety rules and staff instructions.
- I will wear required protective equipment correctly.
- I will not participate while impaired or medically unfit.

- I authorise reasonable emergency assistance where necessary.
 - I had an opportunity to ask questions before signing.
 - Participation is voluntary.
 - I understand that this form does not remove rights or protections that cannot legally be waived.
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Participant completion

Contact details

First name *

Last name *

Phone

Email *

- ☐ I have read, understood and agree to the Paintball Liability Waiver and Assumption of Risk above. I confirm that the information provided is accurate, that I am authorised to sign for the participant where applicable and that I voluntarily accept the risks of paintball participation.

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Signature *