Ice skating waiver

Participation in ice skating

I voluntarily choose to participate, or give permission for the skater named in this form to participate, in ice skating activities provided or organised by **[Ice Rink Name]**.

Ice skating activities may include:

- Public skating sessions, family sessions and themed sessions
- Learn-to-skate lessons, figure skating and private coaching
- Stick and puck sessions, hockey practice and games where allowed
- Parties, school trips, seasonal outdoor rinks and private hire
- Using skating aids where the rink provides them
- Moving around rink-side areas, benches, seating and skate hire areas

I understand that participation is voluntary and that the skater may leave the ice at any time.

The rink may refuse, restrict or end participation if it reasonably believes that a skater cannot skate safely, has failed to follow instructions or presents a risk to themselves or others.

Session tickets, lessons and party bookings remain subject to the rink's cancellation and refund policies.

Skater eligibility

I confirm that the skater meets the rink's minimum age and participation requirements for the chosen session.

Where I sign for a minor or another person who cannot legally provide their own consent, I confirm that I am their parent, legal guardian or otherwise legally authorised to provide consent on their behalf.

I confirm that the skater is physically and mentally capable of skating on a shared ice surface, except for any condition or limitation disclosed to the rink before participation.

I understand that a first-time or young skater may need to stay close to the barrier, use a skating aid or skate with a responsible adult.

Ice skating risks

I understand that ice is hard and slippery, that falls are a normal part of skating and that skate blades are sharp enough to cause serious cuts.

A fallen skater's hands and fingers may be close to moving blades. A skater may lose control without warning, even when they are skating carefully.

Possible risks include:

- Cuts and lacerations from skate blades, including to hands, fingers, legs and the face
- Falls onto ice causing bruising, wrist fractures and hip, tailbone or knee injuries
- Head injuries and concussion
- Collisions with other skaters, barriers, gates or skating aids
- Being struck by a hockey stick or puck where these are allowed
- Sprains, dislocations and muscle strains
- Cold-related effects, including numb fingers and toes, chilling and aggravated asthma or circulation problems
- Slips on wet floors and matting off the ice
- Equipment failure, including dull or damaged blades and broken laces
- Serious injury, permanent disability or, in rare cases, death

I understand that the rink cannot eliminate every risk associated with ice skating.

I voluntarily accept the ordinary and inherent risks of participation.

Rental skates, blades and helmets

I agree to use skates that fit properly and to lace them firmly around the ankle before stepping onto the ice.

I agree to:

- Give an accurate shoe size and ask for a different size if the skates are loose or painful
- Check blades and laces before skating and report any fault
- Keep blade guards on, or walk only on rubber matting, when off the ice
- Handle skates by the boots and keep blades away from people
- Tuck in long laces, scarves and loose clothing
- Return rental skates at the end of the session

If I use my own skates, I am responsible for their condition and sharpness, and I understand that the rink may refuse skates that are not safe to use.

Helmets are strongly recommended for children and beginners and may be compulsory for certain ages, lessons or sessions. Where a helmet is required, I agree that it will be properly fitted and fastened.

I agree that the skater will wear warm clothing and gloves, and I understand that gloves help to protect hands from the ice and from blades.

I may be charged for rental skates that are lost or damaged through misuse.

Rules on the ice

I agree to follow all rink rules, announcements and instructions from ice marshals and staff.

I agree to:

- Skate in the announced direction and at a speed that suits the session
- Enter and leave the ice only through open gates, after checking for skaters
- Get up quickly after a fall if I can, or stay still with hands protected and signal for help if I am hurt
- Keep my hands away from other skaters' blades
- Leave the ice immediately when staff tell me to

I agree not to:

- Race, weave, chase or skate against the flow
- Form chains or whips, or pull or push other skaters
- Throw ice or snow
- Carry a child or use a phone while skating
- Take food, drinks or chewing gum onto the ice
- Practise jumps or spins during public sessions unless staff allow them
- Sit on barriers or block a gate

The rink may remove any skater who ignores safety rules or behaves recklessly, violently or disruptively. A serious breach may result in removal without a refund.

Hockey sticks and pucks

Hockey sticks, pucks and balls may be used only in sessions where the rink allows them, and never during public skating unless staff say otherwise.

During stick and puck sessions, hockey practice and games, I understand that a puck or stick can cause serious injury to the face, teeth, hands and head.

I agree that anyone in these sessions will wear the protective equipment the rink requires, which may include a helmet with a face guard, gloves and pads.

Spectators should stay behind glass or protective netting, and should watch play at all times, because pucks can leave the ice.

Ice resurfacing and closures

I understand that the ice is closed for resurfacing, maintenance and repairs, and that sessions may end or pause for this at short notice.

I agree to leave the ice when announced and to stay off it until staff reopen it. I will never step onto the ice while an ice resurfacer or other machine is in use.

Fresh ice can be wetter or faster than expected, and ice can become rutted, chipped or soft during a session. I will skate with care and tell staff about any hole or damaged area.

Where the rink is outdoors or seasonal, I understand that weather, sun and temperature can affect the surface, and the rink may close without notice.

Cold and the rink environment

I understand that rinks are kept cold and that skating sessions, waiting and watching can cause chilling, particularly in young children and older people.

I agree to watch for signs of cold, take breaks and leave the ice if I feel unwell, dizzy or very cold.

Floors around the rink can be wet, and I will take care on matting, steps and benches, both in skates and in shoes.

Children must be supervised by a responsible adult unless they are in a staff-led lesson. Ice marshals keep sessions safe but they are not childminders.

Physical condition and health

I agree to inform the rink about any condition that may affect safe participation, including:

- A current injury or physical limitation
- A recent broken bone, sprain or dislocation
- Wrist, knee, ankle, hip or back problems
- Osteoporosis or low bone density
- A recent concussion or head injury
- Heart, circulation or blood-pressure conditions
- Asthma or a condition affected by cold air

- Raynaud’s or sensitivity to cold
- Diabetes or a condition affecting sensation in the feet
- Epilepsy, seizures or fainting
- Limited vision, hearing or balance difficulties
- Recent surgery or medical treatment
- Pregnancy or possible pregnancy
- Medication that thins the blood or affects coordination, judgment or alertness
- A restriction recommended by a healthcare professional

I understand that staff are not medical professionals unless expressly stated otherwise.

I will stop and inform a staff member if I experience pain, dizziness, breathing difficulty, unusual weakness or another concerning symptom.

Alcohol, drugs and impairment

I will not participate while impaired by:

- Alcohol
- Recreational or illegal drugs
- Medication that affects judgment, coordination or alertness
- Fatigue, illness or another condition that makes participation unsafe

I understand that the rink may refuse or end participation if it reasonably believes that a skater is impaired.

Sharp blades, hard ice and a crowded session leave little room for error. The rink may stop anyone from skating, even after they have paid for a session, if it reasonably believes that they are impaired. This includes seasonal rinks where drinks are sold nearby.

Personal belongings

I understand that clothing and personal belongings may become dirty, wet, damaged, lost or stolen.

I am responsible for protecting phones, jewellery, glasses, clothing and other personal property.

To the fullest extent permitted by applicable law, the rink is not responsible for ordinary loss or damage to personal belongings unless caused by liability that cannot legally be excluded.

Emergency assistance

If the skater becomes ill or injured, I authorise the rink and its staff to:

- Provide reasonable first aid
- Stop the skater from continuing
- Contact an emergency contact
- Contact emergency medical services
- Arrange transportation to an appropriate healthcare facility
- Share relevant information with emergency responders
- Take reasonable action to protect the skater's immediate safety

I understand that the rink cannot guarantee that an emergency contact will be reached before assistance is provided.

I accept responsibility for medical, ambulance and treatment expenses unless applicable law or legally established liability requires otherwise.

Assumption of risk

I knowingly and voluntarily accept the ordinary and inherent risks associated with ice skating.

I accept responsibility for injuries, losses or complications caused or materially contributed to by:

- Relevant information I concealed or provided inaccurately
- A health condition or limitation I failed to disclose
- My failure to follow rink rules or staff instructions
- Skates that I knew were poorly fitted, loosely laced or damaged
- My failure to wear a helmet or other required protective equipment
- My entering the ice while it was closed
- My reckless, unlawful or prohibited conduct
- My participation while impaired or medically unfit

Liability release

To the fullest extent permitted by applicable law, I release **[Ice Rink Name]** and its owners, directors, ice marshals, coaches, ice technicians, skate hire staff, employees, contractors and representatives from claims arising solely from:

- Ordinary and inherent ice skating risks knowingly accepted in this form

- Relevant information I concealed or provided inaccurately
- My failure to follow reasonable safety rules or instructions
- Failure to wear required protective equipment
- Use of my own unsafe skates, or continued use of skates I knew were damaged
- My reckless, unlawful or prohibited conduct
- The conduct of another skater where it was outside the rink's reasonable control

This release does not exclude or limit liability that cannot legally be excluded or limited.

It does not apply to fraud, intentional misconduct, gross negligence, reckless conduct, breaches of mandatory safeguarding duties, violations of mandatory consumer rights or any other liability that applicable law prohibits the rink from waiving.

Privacy and recordkeeping

I understand that the rink may collect and retain information where reasonably necessary to:

- Register and identify skaters
- Confirm consent and eligibility
- Manage bookings and activities
- Understand relevant health or support needs
- Maintain safety and incident records
- Respond to injuries, complaints or legal claims
- Meet insurance, safeguarding and legal obligations

Information will be handled according to the rink's privacy notice and applicable data-protection laws.

Final declaration

By completing and signing this form, I confirm that:

- I have read and understood the entire waiver.
- The information provided is complete and accurate.
- I understand that ice skating, including contact with skate blades, may cause serious injury.
- I understand and accept the ordinary and inherent risks.
- I will wear properly fitted skates, warm clothing and any helmet the rink requires.
- I will follow rink rules and staff instructions.
- I will stay off the ice during resurfacing and other closures.

- I will not participate while impaired or medically unfit.
- I authorise reasonable emergency assistance where necessary.
- I had an opportunity to ask questions before signing.
- Participation is voluntary.
- I understand that this form does not remove rights or protections that cannot legally be waived.

Skater completion

Contact details

First name *

Last name *

Phone

Email *

Skater’s full name *

Which skates will the skater use? *

- [ ] Rental skates
- [ ] My own figure skates
- [ ] My own hockey skates

☐ I have read, understood and agree to the Ice Skating Liability Waiver and Assumption of Risk above. I confirm that the information provided is accurate, that I am authorised to sign for the skater where applicable and that I voluntarily accept the risks of ice skating. *

Signature *